



The Episcopal Parish of
All Saints' Church & St. George's Chapel

This Week's PARISH NEWS!



Jesus and friends, The Chosen

A Message from Mother Shelley

For by grace you have been saved
through faith, and this is not your
own doing but a gift of God.

(Ephesians 2:8)

Dear Friends,

Years ago, while playing at being a corporate executive, a member of my staff came to me one afternoon, completely frozen by stress and anxiety over a looming deadline that evening. There was no consoling or counseling her. I recommended she step away from it for a few hours, take a walk, get some air. She wouldn't budge for fear of failure. So, I took her by the hand, walked her out of the building, put her in my car, and sat with her in a movie theater. She was freaking out, but *The Matrix* was playing, so I wasn't leaving. There are so many spiritual innuendos in that film. And...I'm one of those kooky Keanu Reeves fans. I wasn't going anywhere. Over the course of the next two hours she relaxed, released, calmed down and had fun. We went back to the office and miraculously she made her deadline with an hour to spare. She said it just started pouring out of her. I love grace.

This Sunday we enter into a time of Lent that is all about God's gift of grace. It is a time of refreshment, replenishment, an invitation to step away from the darkness of Lent for one week and rest. There is still more journeying ahead, but for now, we rest, we play, we allow God's grace and love to care for us. So, beginning on Sunday, or earlier if you need to, take yourself out to a movie, a play, a park, the beach. Laugh and play with friends over a good meal as Jesus did regularly. Allow yourself time and space to just be without expectations. Put aside personal deadlines and "have to's". God's got this.

Extra butter on my popcorn please,
Mother Shelley +



Spring Forward
Set Your Clocks Ahead One Hour

PLAN TO JOIN US FOR HOLY WEEK
click here for the schedule.

ANNOUNCEMENTS



SPREAD LOVE
Your generosity provides resources
and spreads love across borders

The Outreach Committee of
the Parish of All Saints' & St. Georges
invites you to make a difference by
"Becoming the Beacon of Hope"
in supporting our 2024 Lenten Project

The American Friends of the Diocese of Jerusalem (AFEDJ)

As we move prayerfully through this Lenten season, the Outreach Committee continues to collect donations for the 2024 Lenten Project, "Becoming a Beacon of Hope". The Episcopal Diocese of Jerusalem and its schools, hospitals, and centers for children with disabilities are supporting and transforming the lives of the vulnerable and displaced in the Middle East. Children with disabilities and their families experience increased difficulties with the restrictions of movement to access therapy and rehabilitation services. They face stigma and, in many places, have no publicly funded services available. Many children with disabilities would remain at home with no hope for a productive future. The Episcopal Diocese of Jerusalem has schools for children and youth who are blind and visually impaired, deaf, and other disabilities.

Please give as you are able. Donations may be sent to the parish office or placed in the weekly collection plate. Mark each donation "2024 Lenten Project." Thank you so much.



Remember your loved ones with flowers this Easter!

The flowers and plants that will
decorate our churches at Easter
are a sign of our joy in the

Grief Share can help if you are feeling Lost after a Loss?

Come and sit among friends going
through the same rough time of life as
you after losing a loved one in death.
Join us each week for a comforting
journey together called Grief Share.
We will meet each week, support one
another at whatever stage of grief we
are in, hear from grief recovery
experts in a weekly video and walk
forward together in hope. Come and
see what love and support can do in a

Resurrection of Christ and our hope in the resurrection of those who have gone before us. We invite you to remember deceased members of your family and friends with a donation for our Easter decorations. Please complete the [form](#) and either place it in the offering plate, mail it, or drop it off at the Parish Office by March 24. Add Easter Flowers to the check memo. Checks should be made to either All Saints' Church or St. George's Chapel. A suggested donation of \$30.00, if able.

community.

For information call Jim Foor 302-542-9062 or Helen Hoart 203-536-5545.

Wednesdays
All Saints' Parish Hall

Music Notes

Well, we are now more than halfway through Lent and this coming Sunday, the 4th Sunday of Lent is known as "Refreshment", or the proper Latin term *Laetare* Sunday. *Laetare* means to REJOICE! In this instance, it is to rejoice as Lent is almost over and Easter is on the horizon, just a few weeks away now. You will notice this in the hymns we sing this Sunday. Also, the choir will process both in and out as Steve and I play postludes. Next week [Click here to continue reading.](#)

LEGACY SOCIETY EVENT 2024





Helen Abrams & Carol Wells were honorees.



Fr. Manion introduces the three generations of The Metz Family also as honorees.

Forward Day by Day

Forward Day by Day Meditation is posted for every day of the year at: <https://prayer.forwardmovement.org/fdd>

March 10, 2024

Fourth Sunday in Lent

Scriptures

Numbers 21:4-9

Psalms 107:1-3, 17-22

Ephesians 2:1-10

John 3:14-21

Prayer List

(names usually stay on for a month)

Helen Abrams, Mike Albright,
John F. Anderson, Craig Brantley,
Thenia Brasby, Carol Colter,
Liz Dixon, Bill Doak,
Lynn Hoback, David Hubbuch,
Shannon Keith, Bern Kline,
Chervyl Maloney, Gloria Markward,
Raven Maull, Karen Moore,
Andrew Rhodes, Lisa Scholl,
Beau Smith, Priscilla Smith,
Karen Trout, Carol Wells,
Helene Whalon,
Cave Wimbrow, Lucille Wright

**To add or remove a name, please call the Parish Office*

Worship With Us

Sunday, March 10, 2024

Join us for In Person Services

All Saints' Church

Saturday 5pm

The Rev. Shelley D. McDade

Sunday 8am & 10am

The Rev. Judith Rhodes

St. George's Chapel

Sunday 9:30 am

The Rev. Shelley D. McDade

Sunday 4:00 pm

The Rev. Deacon Connie Bowman

Online Service

from St. George's Chapel at 9:30 am

on our LIVE Sunday church service

of Holy Eucharist.

Just click this link:

YouTube

**ONLINE
GIVING**

All Saints' Church

18 Olive Avenue
Rehoboth Beach, DE 19971

302-227-7202

St. George's Chapel

20271 Beaver Dam Road
Harbeson, DE 19951

**Visit
Our
Website**

The mission of our parish is to make the love of God more widely known in our community and the world by welcoming all people; helping those less fortunate through service and by sharing God's gifts.



All Saints' & St. George's | 18 Olive Avenue, Rehoboth Beach, DE 19971

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